

Ministries of Brotherly Understanding

Est. 2024

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Welcome members, supporters, sponsors and followers of the Ministries of Brotherly Understanding. This sermon will be about Higher Power.

A Higher Power in Universal Energy refers to the concept of a pervasive, unseen force that connects all things in the universe. Often viewed as a source of ultimate power or a guiding principle, which can be interpreted as a “higher power” in a spiritual context; transcending individual human existence; essentially, seeing the universe itself as a dynamic, interconnected energy field that is greater than any single being.

A “higher power” refers to a being or force that is considered greater than oneself. It is often interpreted as a deity, the universe or spiritual principle that can influence one’s life and provide guidance. This concept allows for personal interpretation, depending on your beliefs and cultural background.

What constitutes a “higher power” varies greatly from person to person, with some believing in a traditional God, while others may see it as a natural world, inner wisdom or even a collective consciousness.

At its core, a “higher power” is something that you believe is controlling the universe. It could be nature, the sun, the moon, or you could even say the universe itself. The key is that whatever you choose should be special and mean something personal to you. In the simplest terms, it’s a power greater than yourself.

How do you find your Higher Power?

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- Keep an open mind
 - Take in all the information available to you before deciding if it is right for you or not
 - Not everyone has to believe in the same higher power to be right or to congregate together.
 - You have the right to believe what you feel is right for your spiritual guidance.
- Meditate
 - Set aside some time each day to be by yourself in absolute quiet.
 - Open your mind to receive guidance from your “higher power”
 - Allow the energy of your “higher power” to come through you and become one with you.
- Talk or Prayer
 - Prayer is a form of talking to your “higher power” prayer is not just to talk to a God or deity.
 - Talk to other’s that have similar beliefs as you to get a feel of what they might see as a “higher power”.
- Serve Others
 - You might consider taking a roll in a ministry.
 - Offer someone a hand up, not a hand out.
 - Become a mentor for someone
 - Volunteer at a local organization
- Don’t Stop Looking
 - If you don’t find your “higher power” right away, don’t be discouraged.
 - Your “higher power” is out there, and willing to be found by you, you just have to be open to accepting it.

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My hope is that this gives you some understanding of what a “higher power” is, and that no one idea is correct for everyone. You are the only one that will know when you find your “higher power”. Once you have found your “higher power” allow it to give you guidance with your life’s adventures.

Again, you are in control of your destiny. Only you can make the choices that will shape your universe.

In the end remember to love yourself, respect yourself and be kind to yourself. If you don’t do this, you can’t expect your “higher power” to do it for you.

In conclusion, I look forward to many more sermons in the future.

You can find us on the web at mobu.church and you can download the PDF of this and other Sermons.

Thank you for your time today.